

Psychodermatology: Mind Skin Interactions

Combined Course (Residents and Specialists) | 22-24 April 2027 | Sarajevo, Bosnia & Herzegovina

Description

This introductory course explores the interdisciplinary field of psychodermatology, examining the complex interactions between the skin, the nervous system, and psychological health.

Participants will gain foundational knowledge of the biological, psychological, and social factors influencing dermatological conditions and patient care.

Learning Objectives

1. **Foundations of Psychodermatology:** Introduction to the skin-brain axis, psychosomatic dermatology, psychophysiological skin disorders, and psychiatric conditions affecting the skin.
2. **Clinical Assessment and Management:** Principles of patient assessment, multidisciplinary care, communication skills, and evidence-based psychological and dermatological interventions.
3. **Research and Emerging Perspectives:** Current scientific evidence, ethical considerations, quality of life assessment, and future directions in psychodermatology research and clinical practice.

Faculty

Chairs: Asja Prohic, Mohammad Jafferany
 Speakers: Jacek Szepietowski, Anthony Bewley, Uwe Gieler
 Tutors: Amina Aljic, Dalila Camdzic

Programme

Thursday, 22 April 2027

14:00 – 14:30	Participant Check-in and Registration
14:30 – 14:45	Course Introduction and the Importance of Psychodermatology Asja Prohić
14:45 – 15:15	New Classification of Psychodermatological Disorders Jacek Szepietowski
15:15 – 15:45	How Emotions Are Coming into the Skin – The Psychoimmunological Approach Uwe Gieler
15:45 – 16:15	Basic Psychopharmacology for Dermatologists Mohammad Jafferany
16:15 - 16:45	Coffee Break
16:45 – 17:15	Why Psychodermatology Matters: Perspectives from Clinical Practice Anthony Bewley
17:15 – 17:45	Summary and Q&A All speakers

Friday, 23 April 2027**Psychodermatology in Clinical Practice**

09:00 – 10:30	Psychodermatology Across Diseases
09:00 – 09:20	Psychotrichology: Psychiatric Aspects of Hair Disease Mohammad Jafferany
09:20 – 09:40	Vitiligo Challenge Uwe Gieler
09:40 – 10:00	Self-Inflicted Dermatoses Jacek Szepietowski
10:00 – 10:20	The Skin–Brain Axis in Psoriasis and Depression Asja Prohić
10:20 – 10:30	Q&A
10:30 – 11:00	Coffee Break
11:00 – 13:00	Psychosocial Burden in Dermatology
11:00 – 11:20	Burden of Chronic Dermatoses (with a special focus on HS) Jacek Szepietowski
11:20 – 11:40	Facial Dermatoses: Impact and Management Asja Prohić
11:40 – 12:00	Body Dysmorphic Disorder Uwe Gieler
12:00 – 12:20	Suicide in Dermatology Anthony Bewley
12:20 – 12:30	All speakers Q&A
12:30-14:00	Lunch Break
14:00 – 15:30	Symptoms, Emotions and Chronic Conditions
14:00-14:20	Cutaneous Sensory Syndromes Anthony Bewley
14:20-14:40	Hair Pulling Syndromes (Trichotillomania and Variants) Mohammad Jafferany
14:40-15:00	Itch and Psyche Jacek Szepietowski
15:00-15:20	Atopic Dermatitis: Emotional Burden and Integrated Care Asja Prohić
15:20-15:30	Q&A
15:30-16:00	Coffee Break
16:00-17:30	Complex Disorders and Therapeutic Approaches
16:00-16:20	Skin Picking Syndromes Uwe Gieler
16:20-16:40	Delusional Infestation Anthony Bewley
16:40-17:00	Basics of Habit Reversal Therapy Mohammad Jafferany
17:00-17:45	Clinical Cases Presentations
20:00-22:00	Networking Dinner with Faculty & Participants

Saturday, 24 April 2027

09:30 – 12:15	Workshops, Quiz and Interactive Sessions
09:30 – 10:00	Case Quiz Uwe Gieler

10:00 – 10:30	Workshop: How to Assess the QoL in Dermatology Jacek Szepietowski
10:30 – 11:00	Coffee Break
11:00 – 11:30	Workshop: Communication Skills Uwe Gieler
11:30 – 11:45	Role of Multidisciplinary Clinics in Psychodermatology Anthony Bewley
11:45 – 12:00	Psychodermatology in 10 Clinical Pearls Asja Prohić
12:00 – 12:15	Take-Home and Closing Messages Mohammad Jafferany

The programme might be subject to changes