

Hair disorders: clinical approach, trichoscopy and up-to-date therapies

Combined Course (Residents & Specialists) | 22-24 April 2027 | Plovdiv, Bulgaria

Description

This face-to-face course provides a comprehensive and clinically oriented update on the management of hair disorders of body and scalp. It will cover practical approaches to diagnosis and treatment. The focus will be on trichoscopy, contemporary therapeutic strategies, and recent advances in medical and procedural management.

Participants will gain up-to-date knowledge on contemporary treatments for common and challenging hair conditions, including emerging systemic and procedural therapies. Particular attention will be given to the management of diverse patient populations, including children and adolescents, individuals with skin of colour, transgender patients, and athletes, as well as to the broader social and psychological impact of hair disorders. The programme will also feature dedicated sessions on eyebrow, beard, and body hair conditions, along with complications associated with cosmetic tattooing.

The final day of the course will include a hands-on session, where participants will observe and practice modern diagnostic and therapeutic techniques under expert guidance, enhancing practical skills for immediate application in clinical practice.

The programme will include:

- Expert-led updates on recent developments in diagnosis and treatment
- Practical, hands-on workshops focusing on therapeutic techniques
- Interactive case-based discussions with cases contributed by participants

The course is suitable to both experienced participants and those with little or no experience in hair loss, and those who are looking to update their knowledge. The course will also show a lot of clinical cases and advice on their practical management by the experts. In addition, attendees will have valuable opportunities to network with dermatologists committed to advancing care for patients with hair disorders.

Learning Objectives

By the end of the course participants will be able to:

1. Provide a structured diagnostic approach of hair loss, within clinical and trichoscopic analysis and integrate it into clinical practice
 2. Get familiar with the most up-to-date treatments for both cicatricial and non-cicatricial alopecias
 3. Management of alopecias in special populations, including skin of color, transgender patients, athletes and other
 4. Development of therapeutic strategies in challenging clinical cases
 5. Recognize indications, limitations and possible complications of therapeutics and procedural interventions
 6. Transfer acquired knowledge and hand-on experience into clinical practice
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Faculty

Chairs: Lidiya Todorova, Nicolas Kluger
 Speakers: Michela Starace, Matilde Iorizzo, Tea Rosovic, Nadezhda Brabcova
 Tutors: Dzhamile Kamber

Programme

Thursday, 22 April 2027

08:30 - 09:00	Registration
09:00 - 09:10	Introduction by course chairs
	Part I: Evaluation of the scalp and hair loss
09:10 - 09:25	Anamnesis checklist during a hair loss consultation Lidiya Todorova
09:25 - 09:45	Clinical evaluation of the scalp: tools and diagnostic highlights Matilde Iorizzo
09:45 - 10:00	Basic trichoscopy structures everyone should know Lidiya Todorova
10:00 - 10:15	Coffee Break
	Part II: Non-cicatricial alopecias: diagnostic, trichoscopy and management
10:15 - 10:40	Alopecia areata Lidiya Todorova
10:40 - 11:05	Female and male pattern hair loss Matilde Iorizzo
11:05 - 11:30	Telogen effluvium Nadezhda Brabcova
11:30 - 11:50	Other types of non-cicatricial alopecias: anagen effluvium, and more Michela Starace
11:50 - 12:10	Post-chemotherapy induced alopecia Nadezhda Brabcova
12:10 - 12:25	Discussion, Q&A
12:25 - 13:25	Lunch Break
	Part III: Symptomatic scalp
13:25 - 13:45	Scaly scalp Nadezhda Brabcova
13:40 - 14:00	Itchy scalp Michela Starace
14:00 - 14:20	Sensitive and painful scalp Michela Starace
14:20 - 14:40	Scalp and infection Tea Rosovic
	Part IV: Hair loss in specific population
14:40 - 15:00	Genetic hair loss in the child Dzhamile Kamber
15:00 - 15:20	Hair loss in skin of color individuals Nicolas Kluger
15:20 - 15:40	Hair loss in transgender individuals Nicolas Kluger
15:40 - 16:00	Hair loss in athletes Nicolas Kluger
16:00 - 16:15	Coffee Break
16:15 - 17:15	Case presentations by residents: Part 1

17:15 – 17:30	<i>Discussion, Q&A</i>
17:30 – 17:45	Quiz: Day 1

Friday, 23 April 2027

	Part V: Cicatricial alopecias: diagnosis, trichoscopy and management
09:00 - 09:20	Lichen planopilaris and fibrosing alopecia in pattern distribution Matilde Iorizzo
09:20 – 09:40	Frontal fibrosing alopecia Matilde Iorizzo
09:40 – 10:00	Autoimmune diseases (lupus, dermatomyositis, scleroderma) Nadezhda Brabcova
10:00 – 10:20	Neutrophil alopecias: dissecting cellulitis and folliculitis decalvans Tea Rosovic
10:20 – 10:35	Coffee Break
10:35 – 10:55	Erosive pustulosis of the scalp Nicolas Kluger
	Part VI: Traumatic alopecias
10:55 – 11:20	Traumatic alopecias: trichotillomania, pressure alopecia, traction alopecia and more Tea Rosovic
	Part VII: Body hair loss
11:20 – 11:40	Body hair loss Matilde Iorizzo
	Part VII: Therapeutic procedures for hair loss
12:00 – 12:20	Nutriceuticals and shampoos Michela Starace
12:20 -12:40	PRP in the treatment of hair loss. Other regenerative options. Lidiya Todorova
12:40 – 13:00	Exosomes Tea Rosovic
13:00 – 14:00	Lunch Break
14:00 – 14:20	Microneedling and mesotherapies Lidiya Todorova
14:20 – 14:40	Novel therapies for hair loss: iontophoresis, EBD, and more Michela Starace
	Part IX: Quality of life in patients with hair loss
14:40 – 14:55	Quality of life in patients with hair loss Lidiya Todorova
14:55 – 15:10	Stigmatization of hair loss through the cinema Nicolas Kluger
15:10 – 15:25	<i>Discussion, Q&A</i>
15:25 – 15:40	Coffee Break
15:40 - 16:40	Case presentations by residents: Part 2
16:40 – 16:55	<i>Discussion, Q&A</i>
16:55 - 17:10	Quiz Day 2
20:00	Networking Dinner with participants and faculty members

Saturday, 24 April 2027

09:30 – 11:30	Hands-on training workshops at a dedicated Trichology Unit Participants will be divided into 5 groups and each group will be introduced to PRP and mesotherapy application in different case scenarios; Microneedling with dutasteride or other solutions; Treatment with specific devices dedicated to hair treatment. Each workshop will be 30 minutes long. Lidiya Todorova, Nicolas Kluger, Dzhamile Kamber, Tea Rosovic, Nadezhda Brabcova
12:00 – 12:30	Coffee Break
12:00 -12:30	Closing messages and final words Lidiya Todorova, Nicolas Kluger

Hands-on training workshops schedule**The participants will be divided into 5 groups, each group consisting of 6 people.**

Groups: A, B, C, D, E

Rooms: Room 1, Room 2, Room 3

- Room 1: Microneedling
- Room 2: Tricopat (device)
- Room 3: PRP & Mesotherapy

Slot length: 30 minutes

Start time example: 9:30 AM

Total duration: 2 hours 30 minutes

Each group attends each room once.

Each group has 2 free slots.

Total time: 2 hours 30 minutes.

Rotation Schedule (30-Minute Slots)

Time	Room 1	Room 2	Room 3	Break 1	Break 2
9:30–10:00	A	B	C	D	E
10:00–10:30	D	E	A	B	C
10:30–11:00	B	C	D	E	A
11:00–11:30	E	A	B	C	D
11:30–12:00	C	D	E	A	B