

An introduction in phlebology with hands on training

Combined Course (Residents + Specialists) | 21-22 May 2026 | Rotterdam, The Netherlands

Description

This course provides a comprehensive introduction to phlebology, focusing on the diagnosis and treatment of superficial varicose veins using duplex ultrasound. Participants will learn the fundamentals of venous anatomy, pathophysiology, and clinical assessment techniques. Key skills include performing duplex ultrasound for detecting venous reflux and measuring vein diameters. The course covers various treatment options, including endovenous laser therapy, sclerotherapy, and radiofrequency ablation. Through case studies and hands-on training in a skills-lab setting, participants will gain practical experience in both diagnostic and therapeutic procedures.

By the end of the course, attendees will have a good understanding of superficial and deep venous pathology, assessing this with the Duplex ultrasound and have some hands-on experience of treatment.

Learning Objectives

Following this course, the attendee should be able to:

- ✓ To provide a solid understanding of venous anatomy and pathophysiology of varicose veins and deep vein pathology.
- ✓ To develop proficiency in performing and interpreting duplex ultrasound for the diagnosis of venous insufficiency.
- ✓ To understand various treatment modalities for superficial varicose veins, including endovenous procedures, sclerotherapy, and minimally invasive surgery.
- ✓ To equip participants with practical skills in diagnosing and treating superficial venous diseases in a skills-lab setting.

Faculty

Chairs: Liselot Vink and Bibi van Montfrans

Speakers: Goran van Rooijen, Simone van der Velden and Rutger van der Waal

Tutors: Wendy Melskat, Oded Wolff

Programme

Thursday, 21 May 2026	
08:30-09:00	Registrations
09:00-09:15	Welcome Introduction of participants & learning objectives Bibi van Montfrans, Liselot Vink
09:15-10:00	Venous Anatomy: a crash course Goran van Rooijen
10:00-10:30	Pathophysiology of venous insufficiency Bibi van Montfrans and Liselot Vink
10:30-10:50	Coffee Break
10:50-11:15	Varicose veins: European guidelines and what you need to know Rutger van der Waal
11:15-12:00	Duplex ultrasound for superficial and deep vein pathology Bibi van Montfrans
	Instructions for workshops on site Bibi van Montfrans
12:00-13:00	Lunch Break
13:00-13:30	Transfer to ErasmusMC N2D dermatology
13:30-15:00	Breakout in groups for workshops <ul style="list-style-type: none"> • Workshop 1: Practice duplex ultrasound, 1 group per room - Wendy Malskat • Workshop 2: Practice duplex ultrasound, 1 group per room Oded Wolff • Workshop 3: Practice duplex ultrasound, 1 group Göran van Rooijen • Workshop 4: Practice duplex ultrasound, 1 group Rutger van der Waal
15:00-15:20	Coffee Break
15:20-16:30	Workshops part 2 <ul style="list-style-type: none"> • Workshop 1: Practice duplex ultrasound, 1 group per room Wendy Malskat • Workshop 2: Practice duplex ultrasound, 1 group per room Oded Wolff • Workshop 3: Practice duplex ultrasound, 1 group Göran van Rooijen • Workshop 4: Practice duplex ultrasound, 1 group Rutger van der Waal
16:30-17:00	Take back to work messages digital
19:00-22:00	Networking event with faculty members and participants
Friday, 22 May 2026	
08:45-09:00	Registration and welcome Bibi van Montfrans, Liselot Vink
09:00-09:45	Treatment of varicose veins Simone van der Velden
09:45-10:05	Varicose veins on special locations Bibi van Montfrans
10:05-10:30	Contraindications and complications / to treat or not to treat Liselot Vink
10:30-10:50	Coffee break
10:50-12:15	Clinical cases Presented by participants and discussed with the group

	Bibi van Montfrans and Liselot Vink with panel
12:15-13:15	Lunch
13:15-13:45	Transfer to workshop location (Erasmus MC SP-2407)
13:45-16:45	<p>Breakout in groups for workshops (25 min each)</p> <ul style="list-style-type: none"> • Workshop 1: sclerocompression therapy (sclerotrainer) and puncture Michael Kockaert • Workshop 2: ambulant compression therapy Britt Haring • Workshop 3: EVLT practicing puncture Liselot Vink • Workshop 4: therapeutic elastic stockings Judith van Amsterdam • Workshop 5: preparation of foam and use of veinlight Rutger van der Waal • Workshop 6: Practising measuring ankle-arm index Miranda van Zwieten, Jennifer 't Hart and Merel van der Loo
	Coffee break in between
16:30	Take back to work and goodbye

The programme might be subject to changes.

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