

An introduction in phlebology with hands on training

Combined Course (Residents + Specialists) | 21-22 May 2026 | Rotterdam, The Netherlands

Description

This course provides a comprehensive introduction to phlebology, focusing on the diagnosis and treatment of superficial varicose veins using duplex ultrasound. Participants will learn the fundamentals of venous anatomy, pathophysiology, and clinical assessment techniques. Key skills include performing duplex ultrasound for detecting venous reflux and measuring vein diameters. The course covers various treatment options, including endovenous laser therapy, sclerotherapy, and radiofrequency ablation. Through case studies and hands-on training in a skills-lab setting, participants will gain practical experience in both diagnostic and therapeutic procedures.

By the end of the course, attendees will have a good understanding of superficial and deep venous pathology, assessing this with the Duplex ultrasound and have some hands-on experience of treatment.

Learning Objectives

Following this course, the attendee should be able to:

- ✓ To provide a solid understanding of venous anatomy and pathophysiology of varicose veins and deep vein pathology.
- ✓ To develop proficiency in performing and interpreting duplex ultrasound for the diagnosis of venous insufficiency.
- ✓ To understand various treatment modalities for superficial varicose veins, including endovenous procedures, sclerotherapy, and minimally invasive surgery.
- ✓ To equip participants with practical skills in diagnosing and treating superficial venous diseases in a skills-lab setting.

Faculty

Chairs: Liselot Vink and Bibi van Montfrans

Speakers: Laura Fischer, Felizitas Pannier, Goran van Rooijen, Simone van der Velden and Rutger van der Waal

Tutors: Wendy Melskat, Oded Wolff

Assistants: Britt Haring, Judith Van Amsterdam, Miranda V. Zweieten

Programme

Thursday, 21 May 2026

08:30 - 09:00 Registrations

09:00 - 09:30 Welcome Bibi van Montfrans, Liselot Vink

Introduction of participants & learning objectives all

09:15 - 10:00 Venous Anatomy: a crash course: Goran van Rooijen

10:00 - 10:30 Pathophysiology of venous insufficiency

Laura Fischer

10:30 - 10:50 **Coffee Break**

10:50 - 11:15 Varicose veins: European guidelines and what you need to know

Rutger van der Waal

11:15 - 12:00 Duplex ultrasound for superficial and deep vein pathology

Felizitas Pannier

Instructions for workshops on site Bibi van Montfrans

- 12:00 - 13:00 **Lunch Break**
Transfer to ErasmusMC N2D dermatology
- 13:30 - 15:00 Breakout in groups for workshops
- Workshop 1: Practice duplex ultrasound, 1 group per room - Wendy Malskat and Oded Wolff
 - Workshop 2: Practice duplex ultrasound, 1 group per room Rutger van der Waal and Göran van Rooijen
 - Workshop 3: Practice duplex ultrasound, 1 group Laura Fischer and Michael Kockaert
 - Workshop 4: Practice duplex ultrasound, 1 group Felizitas Pannier and Liselot Vink
- 15:00 - 15:20 **Coffee Break**
- 15:20 - 16:30 Workshops part 2
Take back to work messages digital
- 19:00 - 22:00 **Networking event with faculty members and participants**

Friday, 22 May 2026

- 08:45 - 09:00 Registration and welcome
Bibi van Montfrans, Liselot Vink
- 09:00 - 09:45 Treatment of varicose veins
Simone van der Velden
- 09:45 - 10:05 Real live examples from clinical treatments (day to day)
Felizitas Pannier
- 10:05 - 10:30 Contraindications and complications / to treat or not to treat
Liselot Vink
- 10:30 - 10:50 **Coffee break**
- 10:50 - 12:15 Clinical cases Presented by participants and discussed with the group
Liselot Vink with panel
- 12:15 - 13:15 **Lunch**
- 13:15 - 13:45 Transfer
- 13:45 - 16:45 Breakout in groups for workshops (25 min each)
- Workshop 1: sclerocompression therapy (sclerotrainer) and puncture
Michael Kockaert
 - Workshop 2: ambulant compression therapy
Britt Haring and Liselot Vink
 - Workshop 3: EVLT practicing puncture
Felizitas Pannier
 - Workshop 4: toe pressure / measuring stockings
Judith van Amsterdam
 - Workshop 5: preparation of foam and use of veinlight
Simone van der Velden
 - Workshop 6: Practising measuring ankle-arm index
Miranda van Zwieten
- Coffee break in between**
- 16:30 Take back to work and goodbye Laura Fischer, Felizitas Pannier, Liselot Vink and Bibi van Montfrans

The programme might be subject to changes.

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