

Updated approach to alopecia diagnosis

Combined Course (Residents + Specialists) | 15-17 October 2026 | Athens, Greece

Description

This course offers a comprehensive overview of the latest knowledge on epidemiology, pathophysiology, and clinical presentation of alopecia. Participants will gain an in-depth understanding of diagnostic procedures, including trichoscopy, trichogram analysis, and histopathology, and will learn how to develop a structured diagnostic workflow for accurate and valid identification of different alopecia types. Through case-based discussions and practical insights, this course aims to enhance diagnostic precision and optimize patient management.

Learning Objectives

Following this course, the attendee should be able to:

- ✓ Recognize and differentiate various types of alopecia
- ✓ Effectively integrate trichoscopy, trichogram, and histopathology into clinical practice
- ✓ Streamline the diagnostic process by reducing dependence on costly or time-consuming procedures

Faculty

Chairs: Alexander Katoulis

Speakers: Michela Starace, Vasiliki Chasapi, Matilde Iorizzo, Demetrios Ioannides, Zoe Apalla

Tutors: Sofia Papanikou, Georgia Pappa, Efthymia Markou

Programme

Thursday, 15 October 2026

	The Basics: understanding hair & hair loss
09:00-09:20	Hair follicle anatomy, biology and hair growth cycle Alexander Katoulis
09:20-09:35	Classification and pathophysiology of alopecia: Non-scarring vs. scarring Alexander Katoulis
09:35-09:50	Global Epidemiology and trends in hair loss Vasiliki Chasapi
09:50-10:05	Aetiologic and risk factors Vasiliki Chasapi
10:05-10:20	Psychosocial burden Zoe Apalla
10:20-10:35	Coffee break
	Non-scarring alopecias
10:35-10:50	Alopecia Areata Michela Starace
10:50-11:10	Androgenetic Alopecia (Male and Female Pattern Hair Loss) Demetrios Ioannides
11:10-11:25	Diffuse alopecia (Telogen and Anagen Effluvium) Vasiliki Chasapi
11:25-11:45	Trichotillomania Matilde Iorizzo
11:45-11:55	Traction alopecia Matilde Iorizzo

11:55-12:05	Infectious alopecias Demetrios Ioannides
12:05-12:20	Case-based discussion with real-world examples All faculty
12:20-13:30	Lunch Scarring alopecias
13:20-13:35	Lichen Planopilaris Michela Starace
13:35-13:50	Frontal Fibrosing Alopecia Vasiliki Chasapi
13:50-14:05	Discoid Lupus Erythematosus Alexander Katoulis
14:05-14:20	Other lymphocytic alopecia Zoe Apalla
14:20-14:30	Folliculitis Decalvans Alexander Katoulis

Friday, 16 October 2026

09:00-09:15	Dissecting cellulitis Zoe Apalla
09:15-09:25	Other neutrophilic and mixed alopecias Matilde Iorizzo
09:25-09:40	Secondary scarring alopecias Matilde Iorizzo Clinical evaluation
09:40-09:55	History taking: Key questions, red flags, and differential diagnostic clues Matilde Iorizzo
09:55-10:10	Clinical scalp examination - pattern recognition Matilde Iorizzo Trichoscopy: the essentials
10:10-10:25	Introduction to trichoscopy: Basics and equipment Zoe Apalla
10:25-10:40	Key trichoscopic findings in different alopecia types Michela Starace
10:40-11:00	Pattern analysis in Trichoscopy (3-step Diagnostic Algorithm) Alexander Katoulis
11:00-11:20	Workshop: Trichoscopic image interpretation All faculty
11:20-11:35	Coffee break Trichogram: principles and applications
11:35-11:50	What is a trichogram, and when should it be used? Vasiliki Chasapi
11:50-12:05	Step-by-step guide: Hair sampling, slide preparation, and analysis Vasiliki Chasapi
12:05-12:20	Differentiating alopecias based on trichogram findings Vasiliki Chasapi Scalp Biopsy: when and how to use it
12:20-12:35	Indications for biopsy Alexander Katoulis
12:35-12:50	Proper biopsy techniques and sample handling Zoe Apalla
12:50-13:05	Interpreting histopathology reports Zoe Apalla
13:05-14:05	Lunch

14:05-14:25	Alopecia in special populations Pediatric alopecia: Common types and diagnostic challenges Matilde Iorizzo
14:25-14:40	Drug-induced and nutritional deficiency-related hair loss Zoe Apalla
14:40-15:00	Hair loss in systemic diseases (lupus, syphilis, endocrine disorders) – Alexander Katoulis
15:00-15:15	Practical Workshop: Interactive Case Discussions All faculty
15:15-15:30	Coffee break
15:30-17:00	Presentation of cases by residents: Part I
20:30-23:00	Networking event with faculty members and participants

Saturday, 17 October 2026

09:00-11:00	Presentation of cases by residents: Part II Difficult-to-Diagnose Cases & Pitfalls
11:00-11:15	Overlapping features in alopecia subtypes Alexander Katoulis
11:15-11:30	Common diagnostic mistakes and how to avoid them Michela Starace
11:30-12:00	Coffee break Final Discussion, Q&A, and Closing Remarks
12:00-12:30	Summary of key takeaways All faculty
12:30-13:00	Post-course knowledge assessment (quiz & discussion) All faculty

The programme might be subject to changes.

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