

# Hair Transplantation Hands-on workshop

Combined Course (Residents + Specialists) | 7-9 May 2026 | Athens, Greece

## Description

The course **“Hair Transplantation Hands-on Workshop”** is specifically designed for residents and specialised dermatologists, providing a comprehensive foundation in the principles and practice of modern hair transplantation. Participants will acquire essential knowledge and surgical skills to perform procedures with precision and confidence, ultimately enhancing patient outcomes.

With internationally renowned tutors and leading experts, the workshop offers an in-depth exploration of both manual and motorised follicular unit extraction systems, alongside diverse approaches to graft placement, ensuring participants gain a broad and balanced understanding of contemporary techniques.

A defining feature of this programme is its strong **hands-on component**: participants, divided into small surgical groups, will directly engage in practical training under expert supervision. In addition to clinical guidance, the course introduces the application of AI-based systems for scalp assessment and donor site evaluation, providing participants with cutting-edge tools to complement surgical decision-making. This unique combination of structured teaching and immersive practice distinguishes the workshop as an exceptional training opportunity in hair restoration surgery.

## Learning Objectives

Following this course, the attendee should be able to:

- ✓ Identify who is an appropriate candidate for hair transplantation.
- ✓ Learn basic principles of the surgical procedure.
- ✓ Gain hands on experience on live patients.

## Faculty

Chairs: Krystallia Kyparissou

Speakers: Ron Shapiro, Alexandros Katoulis, Koray Erdogan, David Josephitis

Tutors: Sotirios Theoharis, Ioannis Venetsanos

Note: Each attendee needs to bring their own surgical loops and scrubs

## Programme

### Thursday, 7 May 2026

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09:00-09:15	Welcome and course introduction K. Kyparissou
09:15-10:00	Patient evaluation as a candidate for surgery A) Dermatological approach – A. Katoulis B) Psychological approach – I. Venetsanos
10:00-11:00	Estimation of donor area capability A) Clinically - K. Kyparissou

	B) Use of AI systems – <i>K. Erdogan</i>
	C) Use of AI Systems – <i>K. Kyparissou – K. Erdogan</i>
11:00-11:30	Coffee Break
11:30-12:15	Recipient area
	A) Hairline design
	B) Mid-scalp design
	C) Crown design
	<i>R. Shapiro</i>
12:15-12:30	Photo Documentation
	<i>I. Venetsanos</i>
12:30-13:00	Anaesthesia
	A) Local
	B) Nerve block
	C) Oral
	<i>S. Theoharis</i>
13:00-13:30	Graft Harvesting
	A) Follicular Unit Extraction – <i>D. Josephitis</i>
	B) Follicular Unit Transplantation (strip technique)
	<i>S. Theoharis</i>
13:30-14:30	Lunch
14:30-14:45	Graft collection and quality control
	<i>K. Kyparissou</i>
14:45-15:15	Graft sites preparation at the recipient area
	<i>K. Erdogan – R. Shapiro</i>
15:15-15:30	Graft placement - Methods and tools
	<i>K. Erdogan</i>
15:30-15:45	Post-op Care
	<i>K. Kyparissou</i>
15:45-16:00	Complications
	<i>S. Theoharis</i>
16:00-18:00	Live Patients Consultations
	<i>K. Erdogan – R. Shapiro – K. Kyparissou</i>

### Friday, 8 May 2026

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09:00-09:15	Surgical Instruments
	<i>D. Josephitis</i>
09:15-09:30	Next day follow up
	<i>I. Venetsanos</i>
09:30-10:00	Medical Treatment for androgenetic alopecia
	<i>A. Katoulis</i>
10:00-11:00	Implementation of the techniques learned on materials - artificial or silicone surfaces
	<i>K. Erdogan – R. Shapiro – K. Kyparissou – D. Josephitis – S. Theoharis – I. Venetsanos</i>
11:00-11:30	Coffee Break
11:30-12:00	Continued Implementation of the techniques learned on materials - artificial or silicone surfaces
	<i>K. Erdogan – R. Shapiro – K. Kyparissou – D. Josephitis – S. Theoharis – I. Venetsanos</i>
12:30-15:30	Hands on experience - Guided surgery on live patients
	<i>K. Erdogan – R. Shapiro – K. Kyparissou – D. Josephitis – S. Theoharis – I. Venetsanos</i>
15:30-16:30	Lunch
16:30-18:00	Overview and Questions

20:00-22:00      Networking event with faculty members and participants

**Saturday, 9 May 2026**

08:00-17:00      Live Surgeries and Hands-on Experience

Including AM coffee break, Lunch, PM coffee break

17:00-18:00      Course Overview and Questions

20:00 onwards    Goodbye party (Food, music and dancing) (Transfer included)

*The programme might be subject to changes.*

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