

The Art of Injectables

Specialists Course | 6-8 Novembre 2025 | Tirana, Albania

Course Description

This advanced training course is designed for doctors seeking to refine their skills in facial injectables. It covers a comprehensive full-face approach using hyaluronic acid fillers and botulinum toxin, with a focus on both basic and advanced techniques. Special attention is given to high-risk anatomical areas, ensuring safe and effective treatments.

The course includes in-depth training on injection techniques for the upper face, midface, lower face, perioral region, lips, nose, and tear troughs, using both needle and cannula. Complication management is also a key component, covering prevention, recognition, and treatment.

Through theoretical lectures, interactive discussions, and practical hands-on sessions with live demonstrations, participants will enhance their technical expertise and confidence in facial aesthetics.

Learning Objectives

- To Conduct proper evaluation and plan injections, according to anatomical location and needs
- Recognize potential anatomical risks and complications and implement strategies for their prevention and management
- Safely execute injection techniques in high-risk areas

Faculty

Chair Brunilda Bardhi

Speakers: Konstantinos Kalokasidis, Hassan Galadari, Elena Rossi, Myrto Trakatelli

Tutors: Monika Fida, Orjana Janushaj, Erjona Shehu

Assistants: Dorina Hajro, Ritjona Malaj

Programme

Thursday, 6 November 2025

09:00-09:30 Registration of participants

09:30-9:45 Welcome and introduction
Brunilda Bardhi

09:45-10:20 Facial anatomy for injectables:
Anatomy from bone to the skin.
What should be taken in consideration during the injection
10 min Q&A
Elena Rossi

10:20-10:50 Danger zones for injectables on upper third of the face:
How to choose the correct injection technique and avoid complications
10 min Q&A
Hassan Galadari

- 10:50-11:20 Middle third of the Face:
Detailed anatomy
How to avoid danger areas and choose the right injection techniques
10 min Q&A
Konstantinos Kalokasidis
- 11:20-11:50 **Coffee Break**
- 11:50-13:20 Practical training with live guidance
All Speakers
- 13:20-14:10 **Lunch break**
- 14:10-14:40 Peri ocular area, anatomy and danger area of injection.
How to choose the right injection techniques to avoid complications
10 min Q&A
Myrto Trakatelli
- 14:40-15:10 How to choose the right filler and combine in different areas
10 min Q&A
Brunilda Bardhi
- 15:10-17:10 Practical training with live guidance
All Speakers
- 17:10-17:40 Q&A and Final Remarks
Brunilda Bardhi

Friday, 7 November 2025

- 09:00-09:30 Lips Injection: Anatomy
How to avoid complications and create beautiful lips
10 min Q&A
Hasan Galadari
- 09:30-10:00 Nose non-surgical Rhinoplasty: Anatomy
How to avoid danger areas and create beautiful results
10 min Q&A
Elena Rossi
- 10:00-10:30 Lower third of the Face: detailed anatomy and danger zones
10 min Q&A
Konstantinos Kalokasidis
- 10:30-11:00 **Coffee Break**
- 11:00-11:30 Male face injection, how not to feminize and keep the ratio
10 min Q&A
Myrto Trakatelli
- 11:30-12:00 Filler Complications: Prevention, Recognition, and Management
10 min Q&A
Hasan Galadari
- 12:00-12:30 How to create a balanced full-face beautification and harmonization
10 min Q&A
Brunilda Bardhi
- 12:30-13:30 **Lunch break**
- 13:30-17:00 Practical training with live guidance. Participants will be paired and will experience split face and hands-on demonstration. Both will perform the technique as 1st and 2nd operator.
- 17:00-17:30 Q&A and Final Remarks
Brunilda Bardhi
- 20:00-22:00 **Networking dinner with speakers and participants**

Saturday, 8 November 2025

- 09:00-09:40 Botulinum toxin: Anatomy of injection upper face, patients' selection
10 min Q&A
Hasan Galadari
- 09:40-10:20 Botulinum toxin: Anatomy of injection lower face, patients' selection
10 min Q&A
Myrto Trakatelli
- 10:20-11:00 Types of Botulinum toxin, and other applications
Brunilda Bardhi
- 11:00-11:20 **Coffee Break**
- 11:20-12:00 Botulinum toxin basic and advanced injections for upper face and lower face
10 min Q&A
Konstantinos Kalokasidis
- 12:00-12:40 Types of Botulinum toxin, applications on males and females' dosage
10 min Q&A
Elena Rossi
- 12:40-13:40 **Lunch break**
- 13:40-15:10 Practical training with live guidance on Botulinum toxin injections for upper face
All Speakers
- 15:10-16:40 Practical training with live guidance on Botulinum toxin injections for lower face
All Speakers
- 16:40-17:00 Final Q&A
All Speakers
- 17:00-17:10 Take Home and Closing Messages
Brunilda Bardhi

The programme might be subject to changes.

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