

Peelings from A to Z

Specialists Course | 26-28 September 2025 | Santorini Island, Greece

Description

A broad spectrum of theoretic and practical management of superficial, medium and deep peels will be covered. There will be a long practical part with intense hands-on practice for all the participants and live interaction with all the instructors.

Learning Objectives

- 1) Become familiar with the basic chemical peeling procedures
- 2) Offer close-up and hands-on experience of the most popular chemical peeling methods
- 3) Interact with the course faculty and colleagues by exchanging experience and knowledge to become better and safer practitioners for the patients

Faculty

Course Chair: Fotini Bageorgou

Speakers: Marina Landau, Sahar Ghannam, Peter Rullan, Felipe Ribeiro

Tutors: Renia Moutogli, Stauroula Papparoupa

Assistants: Kelly Theriopoulou, Maria Lagiokapa

Preliminary Programme

Friday, 26 September 2025

12:00 -12:15 Welcome, introduction, peeling department presentation & course structure - Fotini Bageorgou

12:15 -12:30 Chemical peeling through the years - Marina Landau

12:30-13:00 Chemical Peeling: Do dermatologists lose faith? - Felipe Ribeiro

13:00-13:30 The fundamentals of chemical peeling- Fotini Bageorgou

13:30-14:00 Break and refreshments

14:00-14:20 Superficial peels - Fotini Bageorgou

14:20-14:40 Medium depth peels - Felipe Ribeiro

14:40-15:00 Deep peels - Marina Landau

15:00-15:20 Peeling candidates, indications of chemical peeling - Sahar Ghannam

15:20-15:40 Peeling pre/post treatment/ precautions - Felipe Ribeiro

15:40-16:00 Myths and Controversies in doing Phenol Croton oil peels - Peter Rullan

16:00-16:45 Video Presentations from Junior Dermatologists Corner / EADV 2025 Annual Meeting Workshop

19.30-22.00 Networking Dinner with faculty and participants

Saturday, 26 September 2025

WHICH PEEL FOR WHICH PATIENT (THEORETICAL APPROACH)

09:00-09:20 Active Acne / Rosacea - Peter Rullan

09:20-09:40 Melasma - Felipe Ribeiro

09:40-10:00 Are you sure you are treating melasma? - Fotini Bageorgou

10:00-10:20 Tips about Hydroquinone use, friend or enemy? - Marina Landau

10:20-10:40 Peeling at the periorbital area (Dark circles- Rejuvenation) – Peter Rullan

10:40- 11:00 Full Face phenol Miracle - Marina Landau

11:00- 11:20 Skin of color population, to peel or not to peel - Sahar Ghannam

11:20-11:40 Visualization techniques on chemical peeling (Dermoscopy, Confocal Microscopy) - Fotini Bageorgou

11:40-12:00 **Break and refreshments**

PRACTICAL WORKSHOP

(M. Landau, Fotini Bageorgou, Sahar Ghannam, Peter Rullan, Felipe Ribeiro)

12:00-12:15 Active acne / Rosacea (Salicylic acid, mandelic acid, microneedling & TNX acid, glycolic acid, Jessner solution and other agents)

12:15-12:45 Acne scars-cross method (TCA, Jessner solution and other agents)

12:45-13:15 Solar lentiginos (TCA 35%, Monheit's peel modified phenol and other agents)

13:15-13:45 Segmental peel /TCA- phenol peel

13:45-14:30 **Lunch Break**

PRACTICAL WORKSHOP

(Marina Landau, Fotini Bageorgou, Peter Rullan, Sahar Ghannam, Felipe Ribeiro)

14:30-15:00 Periorbital area peels (dark circle therapy, microneedling + TCA 10%/xanthelasma TCA 50-70% /phenol and other agents)

15:00-15:30 Melasma (Dark and light phototypes)

15:30-16:00 Photoaging (AHAs, pyruvic acid, modified phenol, other agents)

17:00-17:30 Patient evaluation during post peel period

17:30-18:00 Discussion, Q&As

Sunday, 28 September 2025

09:30-09:50 Chemical peeling for medical indications - Marina Landau

09:50-10:10 Chemical peelings in Men - Sahar Ghannam

10:10-10:30 Post Inflammatory Hyperpigmentation - Felipe Ribeiro

10:30-10:50 **Coffee Break**

10:50-11:10 Myths and Controversies in doing Phenol Croton oil peels - Peter Rullan

11:10-11:30 Peeling complications VS expected outcomes - Fotini Bageorgou

11:30-12:20 Conclusion and patient evaluation from previous day workshop

The programme might be subject to change

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