

# Understanding and Treating Nail Disorders

Residents & Specialists Course | 5-7 June 2025 | Toulouse, France

## Course Description

This course is designed for physicians interested in understanding and treating nail pathologies, both residents and dermatologists already in training.

It will be led by internationally recognized experts who will show how to approach and understand nail signs and make a diagnosis. A therapeutic algorithm will be provided for optimal management of the various nail disorders. Discussions with the speakers will be easy and interactive.

## Learning Objectives

1. Learn the anatomy and physiology of the nail unit in order better understand pathophysiology of nail disorders and surgical procedure.
2. Diagnose and treat infectious nails diseases, especially onychomycosis, as well as inflammatory nail disorders.
3. Recognize tumours of the nail unit, benign or malignant and learn their management.

## Faculty

Chair            Bertrand Richert

Speakers:     Matilde Iorizzo, Pauline Lecerf, André Lencastre, Michela Starace

## Programme

### Thursday, 5 June 2025

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14:30-14:45	Welcome and introduction <i>Bertrand Richert</i>
14:45-15:15	Nail anatomy & physiology <i>Bertrand Richert</i>
15:15-15:45	How to approach a patient with nail disease <i>Matilde Iorizzo</i>
15:45-16:15	How to start a nail clinic <i>André Lencastre</i>
16:15-16:45	<b>Coffee Break</b>
16:45-17:15	How to diagnose and treat onychomycosis? <i>Pauline Lecerf, André Lencastre</i>
17:15-18:00	Imaging of the nails <i>Matilde Iorizzo</i>

## Friday, 6 June 2025

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### Inflammatory disorders

- 09:00-09:30 Nail Psoriasis: clinical features and treatment algorithm  
*André Lencastre*
- 09:30-10:00 Nail Lichen planus: clinical features and treatment algorithm  
*Matilde Iorizzo*
- 10:00-10:30 **Coffee Break**

### Trauma-induced nail disorders

- 10:30-11:00 Self-induced disorders: Onychotillomania  
*Pauline Lecerf*
- 11:00-11:30 Podiatric nail dystrophies  
*Bertrand Richert*
- 11:30-11:45 Q&A
- 11:45-12:30 Clinical Case Presentations  
*All Participants*
- 12:30-14:00 **Lunch break**

### Chromonychia

- 14:00-14:20 Longitudinal erythronychia: what does it mean?  
*Michela Starace*
- 14:20-14:50 Green nails: should we treat?  
*Matilde Iorizzo*
- 14:50-15:05 Longitudinal melanonychia: when to worry?  
*Michela Starace*
- 15:05-15:20 Longitudinal xanthonychia: is this always fungus?  
*Bertrand Richert*
- 15:20-15:30 Q&A

### Nail Surgery

- 15:30-16:00 How to start nail surgery?  
*Pauline Lecerf*
- 16:00-16:30 Ingrowing nails: how to treat? From conservative to surgery  
*Bertrand Richert*
- 16:30-17:00 **Coffee Break**
- 17:00-18:00 Clinical Case Presentations  
*All Participants*

- 20:00-22:00 **Networking dinner with speakers and participants**

## Saturday, 7 June 2025

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### Nail Tumours

- 09:00-09:30 Benign nail tumors: most common ones  
*Pauline Lecerf*
- 09:30-10:00 Squamous cell carcinoma  
*Michela Starace*
- 10:00-10:30 Nail melanoma  
*André Lencastre*
- 10:00-11:00 Q&A
- 11:00-11:30 **Coffee Break**

- 11:30-13:00 Clinical Case Presentations  
*All Participants*
- 13:00-13:10 End of the course and farewell

*The programme might be subject to changes.*

**EADV Headquarters**

Via S. Balestra 22B  
6900 Lugano, Switzerland  
Tel. +41 91 973 45 20  
[education@eadv.org](mailto:education@eadv.org) - [www.eadv.org](http://www.eadv.org)