

Body Modifications and Body Art

Residents and Specialists Course | 03-05 September 2025 | Gdansk, Poland

Description

Body modification is a common human characteristic. The imagination in body adornment and body transforming techniques is endless. In recent decades new temporary and permanent modifications have gained popularity. Body piercing and tattooing have become mainstream. Cosmetic tattoos, derma-blading, permanent make-up, artificial nails, aesthetic procedures such as Botox and fillers and even cosmetic surgery are considered as safe by the general population. Medical applications of tattooing cover many indications. Scar correction is a well-recognized valuable adjunct to oncologic and aesthetic surgery.

However, with all these procedures complications can arise and the risk/benefit ratio must be taken into account. Dissatisfaction with the result is an important aspect and a major reason for consulting a dermatologist. The therapeutic approach such as laser treatment for tattoo removal requires good knowledge of specific devices, and training.

The course will address the different techniques of body-art, illustrating in detail the potential side effects including allergy and toxicity. We will focus on the importance of client selection, considering the pros and cons of different body modifying methods and give advice how to deal with the complications and dissatisfaction.

A hands-on session will offer the participants the opportunity to tattoo on artificial skin. The participants (Residents only) are expected to contribute with case presentations related to the topic of the course. Special attention will be paid to the presentation skills with personalized feedback.

Learning Objectives

1. Gain knowledge on common body modification practices, including tattooing, piercing, and aesthetic procedures, and recognize the diverse medical and cosmetic applications of these techniques.
2. Learn to assess risk factors and how to manage side effects associated with body modifications, including allergies, toxicity, and patient dissatisfaction. The scientific background on laser treatment will help you in choosing appropriate therapeutic interventions.
3. Develop practical skills through hands-on tattooing on artificial skin and share professional experiences through case studies presented by participants.

Faculty

Chairs: Christa De Cuyper, Aneta Szczerkowska-Dobosz
Speakers: Wolfgang Bäuml, Rika Dubelloy, Norbert Ipenburg
Tutors: Patrycja Rogowska, Nina Godlewska, Wioleta Baranska Rybak
Assistant: Magdalena Dobosz

Programme

Wednesday, 03 September 2025

- 14.00-15.00 Welcome and Course Introduction - Christa De Cuyper
Cosmetic catastrophes: how to avoid them? - Christa De Cuyper
Body art
- 15.00-15.30 Piercing - Christa De Cuyper
15.30-17.00 Tattooing (Including client selection, contraindications) - Aneta Szczerkowska-Dobosz, Patrycja Rogowska
- 17.00-17.15 **Coffee Break**
17.15-18.15 Participants Case presentations
- 20:00-22:00 **Networking dinner with speakers and participants**

Thursday, 04 September 2025

- PMU and medical tattoos 08:30-10.15**
- 08:30-09:00 PMU (permanent make up) - Christa De Cuyper
09:00-10:15 Dermography: Medical applications of tattooing - Rika Dubelloy
Dermablading / scar correction - Rika Dubelloy, Nina Godlewska
- 10.15-10.30 **Coffee Break**
10.30-11.30 Hands-on - Dr. Dubelloy, Nina Godlewska
Tattoo removal
- 11.30-12.00 Non-laser removal techniques - Aneta Szczerkowska-Dobosz, Christa De Cuyper
12.00-12.45 Lasers: Theory - Wolfgang Bäumlner
12.45-13.30 Lasers: Clinical applications, laser tattoo removal complications - Aneta Szczerkowska-Dobosz
- 13.30-14.15 **Lunch break**
Safety
- 14.15-15.15 Are tattoo inks safe? - Wolfgang Bäumlner
15.15-15.45 Is tattooing safe? - Aneta Szczerkowska-Dobosz, Patrycja Rogowska
15.45-16.45 Tattoo allergy - Norbert Ipenburg
16.45-17:00 **Coffee Break**
17:00-17.45 Skin testing sense and nonsense - Norbert Ipenburg
Panel discussion
17.45-18.45 Participants Case presentations

Friday, 05 September 2025

- Body modifications**
- 08.30-09.30 Medical applications of tattooing (Part 2) - Rika Dubelloy
Other body modifications
- 09.30-11.00 Botulin toxins and fillers as a form of body modification.
The basics and the risks - Wioleta Baranska Rybak, Magdalena Dobosz
- 11.00-11.30 Artificial nails - Norbert Ipenburg
11.30-11.45 **Coffee Break**
11.45-13.00 What did you learn: Wrap up - Christa De Cuyper, Aneta Szczerkowska-Dobosz
13.00 Course Closing and Farewell

The programme might be subject to changes

EADV Headquarters

Via S. Balestra 22B
6900 Lugano, Switzerland
Tel. +41 91 973 45 20
education@eadv.org - www.eadv.org