

# Peelings from A to Z

Specialists Course | 26-28 September 2025 | Santorini Island, Greece

## Description

A broad spectrum of theoretic and practical management of superficial, medium and deep peels will be covered. There will be a long practical part with intense hands-on practice for all the participants and live interaction with all the instructors.

## Learning Objectives

- 1) Become familiar with the basic chemical peeling procedures
- 2) Offer close-up and hands-on experience of the most popular chemical peeling methods
- 3) Interact with the course faculty and colleagues by exchanging experience and knowledge to become better and safer practitioners for the patients

## Faculty

Course Chair: Fotini Bageorgou

Speakers: Fotini Bageorgou, Marina Landau, Hugues Cartier, Peter Rullan, Sahar Ghannam

Tutors: Renia Moutogli, Stauroula Papparoupa

Assistants: Kelly Theriopoulou, Maria Lagiokapa

## Programme

### **Friday, 26 September 2025**

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12:00 -12:15 Welcome, introduction, peeling department presentation & course structure - Fotini Bageorgou

12:15 -12:30 Chemical peeling through the years - Marina Landau

12:30-13:00 Chemical Peeling: Do dermatologists lose faith? - Hugues Cartier

13:00-13:30 The fundamentals of chemical peeling- Fotini Bageorgou

**13:30-14:00 Break**

14:00-14:20 Superficial peels - Fotini Bageorgou

14:20-14:40 Medium depth peels - Hugues Cartier

14:40-15:00 Deep peels - Marina Landau

15:00-15:20 Peeling candidates, indications of chemical peeling - Sahar Ghannam

15:20-15:40 Peeling pre/post treatment/ precautions - Hugues Cartier

15:40-16:00 Myths and Controversies in doing Phenol Croton oil peels - Peter Rullan

16:00-16:45 Video Presentations from Junior Dermatologists Corner / EADV 2025 Annual Meeting Workshop

**19.30-22.00 Networking Dinner with faculty and participants**

## Saturday, 26 September 2025

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### WHICH PEEL FOR WHICH PATIENT (THEORETICAL APPROACH)

09:00-09:20 Active Acne / Rosacea - *Peter Rullan*

09:20-09:40 Melasma - *Hugues Cartier*

09:40-10:00 Are you sure you are treating melasma? - *Fotini Bageorgou*

10:00-10:20 Tips about Hydroquinone use, friend or enemy? - *Marina Landau*

10:20-10:40 Peeling at the periorbital area (Dark circles- Rejuvenation) – *Peter Rullan*

10:40- 11:00 Full Face phenol Miracle – *Marina Landau*

11:00- 11:20 Skin of color population, to peel or not to peel - *Sahar Ghannam*

11:20-11:40 Visualization techniques on chemical peeling (Dermoscopy, Confocal Microscopy) - *Fotini Bageorgou*

11:40-12:00 **Break**

### PRACTICAL WORKSHOP

(M. Landau, Fotini Bageorgou, Sahar Ghannam, Peter Rullan, Hugues Cartier)

12:00-12:15 Active acne / Rosacea (Salicylic acid, mandelic acid, microneedling & TNX acid, glycolic acid, Jessner solution and other agents)

12:15-12:45 Acne scars-cross method (TCA, Jessner solution and other agents)

12:45-13:15 Solar lentiginos (TCA 35%, Monheit's peel modified phenol and other agents)

13:15-13:45 Segmental peel /TCA- phenol peel

13:45-14:30 **Lunch Break**

### PRACTICAL WORKSHOP

(M. Landau, Fotini Bageorgou, Hugues Cartier, Peter Rullan, Sahar Ghannam,)

14:30-15:00 Periorbital area peels (dark circle therapy, microneedling + TCA 10%/xanthelasma TCA 50-70% /phenol and other agents)

15:00-15:30 Melasma (Dark and light phototypes)

15:30-16:00 Photoaging (AHAs, pyruvic acid, modified phenol, other agents)

17:00-17:30 Patient evaluation during post peel period

17:30-18:00 Discussion, Q&As

## Sunday, 28 September 2025

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09:30-09:50 Chemical peeling for medical indications - *Marina Landau*

09:50-10:10 Chemical peelings in Men - *Sahar Ghannam*

10:10-10:30 Post Inflammatory Hyperpigmentation - *Hugues Cartier*

10:30-10:50 **Coffee**

10:50-11:10 Myths and Controversies in doing Phenol Croton oil peels - *Peter Rullan*

11:10-11:30 Peeling complications VS expected outcomes - *Fotini Bageorgou*

11.30-12:20 Conclusion and patient evaluation from previous day workshop

*The programme might be subject to change*

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