

# Contact Dermatitis

Residents Course | 27-29 November 2024 | Coimbra, Portugal

## Description

The Course on Contact Dermatitis will be a comprehensive course to make dermatology residents aware of the pathophysiology and clinical presentations of contact hypersensitivity reactions, mostly allergic contact dermatitis, photoallergic contact dermatitis and immediate contact reactions and to train them on the best techniques to perform their etiological diagnosis. Skin testing will be revisited with particular emphasis on the methodology of patch testing, the reading and interpretation of positive reactions and patient orientation.

There will be a comprehensive overview of the main allergens that are part of the European Baseline series and the main settings where they cause cutaneous reactions and practical aspects on how to manage the more frequent localizations of contact reactions (facial dermatitis, hand eczema, generalized dermatitis), from the diagnosis, skin testing and treatment.

There will be a practical part where regular patients from the clinic will be observed and examples on how to collect the history, choose allergens to test apart from the European Baseline series, read and interpret skin test reactions and how to advise the patient concerning allergen avoidance.

Residents are requested to prepare and present a case report to share with the other participants and the faculty. The best presentations will be awarded a prize.

This event presents a valuable networking opportunity, allowing attendees to connect with residents from different settings and share cases on Contact Dermatitis with specialists in the field.

## Learning Objectives

1. Recognize the main clinical presentations of contact hypersensitivity reactions and understand the underlying pathophysiology.
2. Become familiar with the methodology of skin testing, particularly patch testing, and the reading and interpretation of the reactions.
3. Know how to manage the most frequent eczema localizations that search contact dermatitis clinics.

## Faculty

Chairs: Margarida Gonçalo, Ana Giménez-Arnau

Speakers: Margarida Gonçalo, Ana Giménez-Arnau, Thomas Rustemeyer, Suzana Ljubojevic, Olivier Aerts

Tutors: Ana Carolina Figueiredo, Francisco Martins, Fátima Ribeiro

## Preliminary Programme

### DAY 1: Wednesday, 27 November 2024

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13:45-14:00	Opening and aims of the course - Margarida Gonçalves, Ana Giménez-Arnau
14:00-14:30	Contact dermatitis and its main clinical patterns, including non-eczematous reactions - Margarida Gonçalves
14:30-15:00	Pathomechanisms of contact reactions - Thomas Rustemeyer
15:00-15:30	Indications for skin testing - Suzana Ljubojevic
15:30-16:00	Coffee Break
16:00-16:30	Patch testing: Methodology of patch testing, including reading and interpretation - Suzana Ljubojevic
16:30-17:00	Main allergens of the Baseline series I: Fragrances, plants and preservatives - Ana Gimenez-Arnau
17:00-17:30	Main allergens of the Baseline series II: Metals, PPD/textile dyes, rubbers, resins, drugs - Olivier Aerts
17:30-18:00	Photosensitive reactions and photo-patch testing - Thomas Rustemeyer

### DAY 2: Thursday, 28 November 2024

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08:45	Get together
08:50-09:20	Skin testing with patients' own products and ROAT - Olivier Aerts
09:20-09:50	Immediate contact reactions and immediate skin testing - Ana Giménez-Arnau
09:50-10:20	Patch testing in particular settings (immunosuppression, biologic treatment, atopic dermatitis) or Other frequent contact allergens – Thomas Rustemeyer
10:20-10:50	Coffee break
10:50-11:20	How to manage facial dermatitis - Oliver Aerts
11:20-11:50	How to manage hand dermatitis - Ana Gimenez-Arnau
11:50-12:20	How to manage generalized dermatitis – Suzana Ljubojevic
12-30-13:45	Lunch Break
14:15-14:30	Visit the Department of the University Hospital and patch test clinic
14:30-17:30	Practical aspects of patch testing with regular patients: History collection, PT selection, PT reading and interpretation, patient counselling - Francisco Martins, Ana Carolina Figueiredo
19:30-21.30	Networking Dinner with participants and faculty members

### DAY 3: Friday, 29 November 2024

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08:45-10:30	Case presentations from participants
10:30-11:00	Coffee Break
11:00-11:45	Q&A session and Questionnaire: What you have learned
11:45-12:15	Concluding remarks and take-home message - Margarida Gonçalves

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*The programme might be subject to changes.*

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