

## **Migrants' health toolkit – practical guide**

The toolkit uses the syndromic approach to skin diseases and genital conditions. A short presentation on cultural competency when working with migrants/refugees, gender diversity and intersectionality introduce the training.

Each syndrome represents a module, which is structured into:

- a. Infectious causes
  - a. Clinical presentation (clinical pictures +++)
  - b. Diagnosis (simple diagnostics)
  - c. Treatment /referral (generic names of medicines)
  
- b. non-infectious causes
  - a. Clinical presentation (clinical pictures +++)
  - b. Diagnosis (simple diagnostics)
  - c. Treatment /referral (generic names of medicines)

Each module lasts approximately 30 minutes. The modules include clinical presentations and photography on dark-skinned and white-skinned people which can be used in different contexts and adapted each time to the local prevalence of skin conditions and skin tones. The slides contain notes for the trainer so that anybody can replicate the training (train the trainer).

The syndromes are listed hereafter, in total 10 modules, approximately 5 hours duration of the training package.

1. Cultural competency, gender diversity and intersectionality
2. Generalized skin itching (infectious- scabies +/- impetigo and non-infectious causes- eczema/atopic dermatitis, psoriasis, lichen planus)
3. Localized skin itching (infectious- tinea- and non-infectious causes- contact dermatitis, hands eczema, psoriasis)
4. Change in skin pigmentation [hypo-(vitiligo- p. aba, tinea versicolor; leprosy)-hyper (melasma, post-inflammatory pigmentation, exogenous ochronosis)]
5. Plaques (infectious and non-infectious causes)
6. Nodules and papules (infectious including CL and non-infectious causes including skin cancer)
7. Hair disorders (infectious – tinea capitis- and non-infectious- alopecia areata, telogen effluvium, malnutrition)
8. Male genital conditions (infectious and non-infectious causes)
9. Female genital conditions (infectious and non-infectious causes)
10. Tele dermatology platform – when to refer.