Peelings from A to Z
Specialists Course | 12-14 2024 | Athens, Greece

**Description**
A broad spectrum of theoretic and practical management of superficial, medium and deep peels will be covered. There will be a long practical part with intense hands-on practice for all the participants and live interaction with all the instructors.

**Learning Objectives**
1) Become familiar with the basic chemical peeling procedures
2) Offer close up and hands-on experience of the most popular chemical peeling methods
3) Interact with the course faculty and colleagues by exchanging experience and knowledge to become better and safer practitioners for the patients

**Faculty**
Course Chair: Fotini Bageorgou
Speakers: Fotini Bageorgou, Marina Landau, Sahar Ghannam, Eftychia Platsidaki
Tutors: Eirini Potouridou, Theodora Kani
Assistants: Lagiokapa Polixeni, Fotini Liordou

**Programme**
**FRIDAY, 12 JANUARY 2024**

13:00 -13:15 Welcome, introduction, peeling department presentation & course structure - Fotini Bageorgou
13:15-13:30 Welcome and hospital history - Alexandros Stratigos
13:30-14:00 Chemical peeling through the years - Theodora Kani
14:00-14:30 The fundamentals of chemical peeling - Platsidaki Eftychia
14:30-15:00 Break and refreshments
15:15-15:45 Superficial peels - Sahar Ghannam
15:45-16:15 Medium depth peels - Fotini Bageorgou
16:15-16:45 Deep peels - Marina Landau
16:45-17:15 Peeling candidates, indications of chemical peeling - Sahar Ghannam
17:15- 17:45 Peeling pre/post treatment/ precautions - Eftychia Platsidaki
20:00-22.00 Networking Dinner with faculty and participants

**SATURDAY, 13 JANUARY 2024**

**WHICH PEEL FOR WHICH PATIENT (THEORETICAL APPROACH)**

09:00-09:30 Active Acne/Rosacea - Eftychia Platsidaki
09:30-10:00 Melasma - Fotini Bageorgou
10:00-10:30 Are you sure you are treating melasma? - Fotini Bageorgou
10:30-11:00 Skin of color population, to peel or not to peel - Sahar Ghannam
11:00-11:15 Peeling at the periorbital area (Dark circles- Rejuvenation) - Marina Landau
11:15-11:45 Full Face phenol Miracle – Marina Landau

11:30-11:50 Break and refreshments

PRACTICAL WORKSHOP
(M. Landau, Fotini Bageorgou, Sahar Ghannam I. Potouridou, E. Platsidaki, T. Kani)
11:50-12:20 Active acne (Salicylic acid, glycolic acid, Jessner solution and other agents)
12:20-12:50 Acne scars-cross method (TCA, Jessner solution and other agents)
12:50-13:50 Segmental peel /TCA- phenol peel
13:50-14:35 Lunch

PRACTICAL WORKSHOP
(M. Landau, Fotini Bageorgou, S. Ghannam I. Potouridou, T. Kani, E. Platsidaki)
14:35-15:05 Rosacea (mandelic acid/microneedling + transamin)
15:05-15:35 Periorbital area peels (dark circle therapy, microneedling + TCA 10%/xanthelasmas TCA 50-70% /phenol and other agents)
15:35-16:05 Solar lendigines (TCA 35%, Monheit’s peel modified phenol and other agents)
16:05-16:25 Break and refreshments

PRACTICAL WORKSHOP
(M. Landau, Fotini Bageorgou, S. Ghannam T. Kani, I. Potouridou, E. Platsidaki)
16:25-16:55 Melasma (Dark and light phototypes)
16:55-17:55 Photoaging (AHAs, pyruvic acid, modified phenol, other agents)
17:55-18:25 Patient evaluation during post peel period
18:25-19:00 Discussion, Q&As

SUNDAY, 14 JANUARY 2024
09:30-10:00 Chemical peeling for medical indications - Marina Landau
10:00-10:30 Chemical peelings and combination with other procedures - Sahar Ghannam
10:30-11:00 Chemical peeling in men - Eftychia Platsidaki
11:00-11:30 Break and refreshments
11:30-12:00 Peeling complications VS expected outcomes - Fotini Bageorgou
12.00-12:30 Conclusion and patient evaluation from previous day workshop

The programme might be subject to change

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