

Pregnancy Dermatology

Residents and Specialists Course | 21-23 September 2023 | Lisbon, Portugal

Faculty

Course Chair: Linda Martin

Speakers: Wendy Carseldine, Robert Muellegger, Jenny Murase, Julia-Tatjana Maul, Antoine Bertolotti

Tutor: Samantha Vaughan-Jones

Assistant: Eglė Janušonytė

Course Description

This comprehensive course with a multidisciplinary faculty covers all aspects of management of skin diseases in pregnancy for the Dermatologist. We cover specific dermatoses of pregnancy, inflammatory, infectious & neoplastic diseases occurring in the pregnant woman, as well as practical guidance on approach to diagnosis and appraisal of pharmacological options. Knowledge is gained in pre-conception counselling, prenatal diagnosis and breastfeeding dermatology.

Learning Objectives

1. Evaluate the safety of medications in pregnant and breastfeeding women, including international classification systems and consideration of individual risk:benefit ratio.
2. Apply approaches to differential diagnosis and investigation of skin disease in the pregnant woman.
3. Understand the role and responsibilities of the dermatologist within the multi-disciplinary team.

Programme

Thursday, 21 September 2023

09.00-09.15 Welcome & Introductions – Linda Martin

09.15-09.45 Basics of obstetric medicine for dermatologists – Wendy Carseldine

09.45-10.00 Physiological skin changes of the skin in pregnancy, including skin of colour –
Jenny Murase

10.00-10.30 How to assess the pregnant patient – Samantha Vaughan Jones

10.30-11.00 **Coffee Break**

11.00-11.45 How to assess drug safety – Wendy Carseldine

11.45-12.30 Specific dermatoses of pregnancy – Jenny Murase

12.30-13.15 Inflammatory dermatoses in pregnancy part 1: Atopic Dermatitis and Psoriasis –
Julia-Tatjana Maul

13.15-14.00 **Lunch break**

14.00-14.45 Infections in pregnancy part 1: Viruses – Robert Muellegger

14.45 -15.30 Infections in pregnancy part 2: Tropical diseases – Antoine Bertolotti

15.30-16.00 **Coffee Break**

- 16.00-16.45 Resident presentations – All
16.45-17.00 Day 1 Wrap up and mentoring session

20:00-22.30 **Networking Dinner with faculty members and participants**

Friday, 22 September 2023

- 09.00-09.30 Interactive cases – Samantha Vaughan Jones
09.30-10.00 Vulval disease in pregnancy – Wendy Carseldine
10.00-10.45 Moles, Melanoma & maternity – Linda Martin
10.45-11.15 **Coffee Break**
11.15- 12.00 Infections in pregnancy part 3: Bacteria, Candida, and Scabies – Robert Muellegger
12.00-12.30 STIs & pregnancy – Antoine Bertolotti
12.30-13.00 HIV & pregnancy – Wendy Carseldine
13.00-14.00 **Lunch Break**
14.00-14.45 Inflammatory dermatoses in pregnancy part 2: Acne & Hidradenitis Suppurativa – Julia-Tatjana Maul
14.45-15.30 Inflammatory dermatoses in pregnancy part 3: Autoimmune diseases – Jenny Murase
15.30-16.00 **Coffee Break**
16.00-16.45 Resident presentations – All
16.45-17.30 Mentoring session and practical consultation simulation – All

Saturday, 23 September 2023

- 09.00-09.30 Presentation based DD & Approach; Interactive cases – Jenny Murase
09.30 -10.00 Breastfeeding for dermatologists – Linda Martin
10.00-10.30 Genodermatoses and prenatal diagnosis – Wendy Carseldine
10.30-11.00 **Coffee Break**
11.00-11.30 Pre-conception drugs / Male fertility & spermatogenesis – Jenny Murase
11.30-12.00 Pregnancy, diet & infantile eczema – Linda Martin
12.30-12.30 Quiz, presentation of prizes, manuscript preparation – All
12.30 **Course close and farewell**

The programme might be subject to change