

# Botulinum Toxin

Specialists Course | 21-22 April 2023 | Athens, Greece

## **Faculty**

**Course Chair:** Andreas Katsambas

**Speakers:** Christopher Rowland Payne, Ines Verner

**Tutors:** Pavlidis Nasos, Liliana Sytnyk, Evangelia Spanoliou

## **Course Description**

Neuromodulators based on the A strain of Botulinum Toxin (BoNT-A) were first introduced into the aesthetic arena in the early 1990s. Their cosmetic use is now firmly entrenched and has classically been limited to the softening of undesirable dynamic facial lines, pathognomonic of the aging face. The true mandate of the cosmetic physician, however, is to strike beyond rejuvenation into the realm of beauty maximization.

The Botulinum Toxin course aims to give participants from A to Z all the necessary information, starting from appropriate patient selection, preparing the right dilution of B.T, selecting appropriate syringes and needles, targeting and injecting the ideal part of the treating muscle to perfecting the technique.

Three experts of the Botulinum Toxin injections will share with the participants their experience and will try to reveal all the "secrets" of the procedure.

## **Learning Objectives**

1. Identify the right patient, address the appropriate indication, discuss the expectation from the procedure as well as provide the basic anatomical information necessary for the treatment.
2. Perfect the technique from the beginning (syringes and needles, points of injection, how to make the injection as painless as possible) until the end (after-treatment movements advice, beneficial effects, frequency of the injections).
3. Recognize common pitfalls and how to avoid complications

## **Programme**

### **Friday, 21 April 2023**

09:00-09:25 Registration

09:25-09:30 Welcome  
*Andreas Katsambas*

09:30-10:00 Facial Anatomy  
*Andreas Katsambas*

10:00-10:30 Botulinum Toxin-A: Reconstitution - Dilution - Storage  
*Ines Verner*

10:30-10:50 **Coffee break and refreshments**

- 10:50-11:20 Approach to the Botulinum Toxin-A - Patient assessment  
*Andreas Katsambas*
- 11:20-11:50 Aesthetic Facial Indications: How to achieve natural results  
*Ines Verner*
- 11:50-12:20 Injection technique  
*Christopher Rowland Payne*
- 12:20-12:45 Discussion with participants  
*All faculty*
- 12:45-14:00 **Lunch break**
- 14:00-15:30 Treating the Upper Face: Theory of experts – All faculty  
14:00-14:25 Glabella – *Andreas Katsambas*  
14:25-14:50 Forehead – *Christopher Rowland Payne, Liliana Sytnyk*  
14:50-15:15 Periorbital area – *Ines Verner*  
15:15-15:30 Q&As – *All*
- 15:30-17:00 Demonstration – watch the experts  
*All faculty*
- 17:00-17:20 **Coffee break and refreshments**
- 17:20-19:00 Hands on by participants (with the help of faculty)  
*All faculty*
- 21:00-23:00 **Networking Dinner with faculty and participants**

### **Saturday, 22 April 2023**

- 08:30-09:00 Mid-face: Nasoglabellar Lines (Bunny Lines), nasal tip ptosis, gummy smile  
*Ines Verner*
- 09:00-09:30 Lower face/chest: Perioral lip lines (smoker lines), asymmetric smile, chin puckering, masseter, platysma, upper chest  
*Andreas Katsambas*
- 09:30-10:00 Top tips for the use of Botulinum Toxin-A  
*Christopher Rowland Payne*
- 10:00-10:20 **Coffee break and refreshments**
- 10:20-14:00 Demonstration / Hands on  
*All faculty*
- 14:00-15:00 **Lunch break**
- 15:00-15:20 Botulinum Toxin for Dermatological Medical (Non-Aesthetic) indications  
*Andreas Katsambas*
- 15:20-15:50 Common BTX pitfalls and how to correct them  
*Christopher Rowland Payne*
- 15:50-16:15 Closing comments and farewell  
*All Faculty*

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