

Hidradenitis Suppurativa / Acne Inversa

Residents and Specialists Course | 28-29 November 2022 | Porto, Portugal

Description of the course

Hidradenitis Suppurativa/ Acne Inversa (HS) is a chronic, inflammatory, recurrent, painful, debilitating skin disease affecting terminal hair follicles that usually presents after puberty. This disease is characterized by painful, deep-seated, inflamed lesions in the apocrine gland-bearing areas of the body, most commonly in the axillary, infra-mammary, and perineal regions and can recur periodically in almost any body area (Dessauer definition, 2006). Its etiology remains unknown.

Although a wide scientific interest only started after the 1st International Conference in 2006 in Dessau, Germany, the disease is common; it is estimated that 1% of the general population is affected and this percentage varies by geographic region. HS has a considerable impact of the quality of life; the mean Dermatology Life Quality Index (DLQI) of sufferers is higher than of sufferers from any other skin disorder.

Up to shortly HS was an "orphan" disease with a large variant of diagnostic terms, unsystematic treatment and an uncontrolled course that frustrated the patients. In the meantime, pathogenetic concepts, definition, diagnostic criteria, patients' registry, dynamic severity score and treatment guidelines have been established. Due to its occurrence exclusively in the skin, HS is a dermatological disorder and other specialties recognize in the meantime, that this common disease has to be treated by dermatologists. Therefore, education of European dermatologists on the rapidly emerging developments and the conservative and surgical options of treatment is urgently required.

Learning objectives

1. To accurately recognize the primary lesions of hidradenitis suppurativa
2. To be able to apply the diagnostic, classification and severity evaluation criteria of the disease
3. To be able to choose and apply proper treatment plans

Faculty

Course Chair: Christos C. Zouboulis

Speakers: Gregor B. Jemec, Errol Prens, Jacek Szepietowski, Thrasyvoulos Tzellos

Tutors: Georgios Nikolakis, António F. Massa

Programme

Monday, 28 November 2022

- 14.00-14.15 Welcome - Christos C. Zouboulis
- 14.15-15.00 What do I know about Hidradenitis Suppurativa/Acne Inversa? (Knowledge test) - Errol Prens, Jacek Szepietowski, Thrasylvoulos Tzellos, Christos C. Zouboulis
- 15.00-15.30 Definition, epidemiology - Gregor B. Jemec
- 15.30-16.00 Impact of the disease, quality of life, psychosocial burden - Jacek Szepietowski
- 16.00-16.15 **Coffee break**
- 16.15-16.45 Pathophysiology - Genetics - Christos C. Zouboulis
- 16.45-17.15 Pathophysiology - Immunology - Errol Prens
- 17.15-17.45 Pathophysiology - Microbiology - Georgios Nikolakis
- 17.45-19.00 Cases from the participants
All (coordination: Georgios Nikolakis, António F. Massa)

Tuesday, 29 November 2022

- 09.00-09.30 Clinical picture and imaging - Gregor B. Jemec
- 09.30-10.00 Diagnostic procedures and scoring systems - Thrasylvoulos Tzellos
- 10.00-11.00 Cases from the participants - All (coordination: Georgios Nikolakis, António F. Massa)
- 11.00-11.30 **Coffee break**
- 11.30-12.00 Medical treatment I - Jacek Szepietowski
- 12.00-12.30 Medical treatment II - Jacek Szepietowski
- 12.30-13.00 Surgery - Errol Prens
- 13.00-14.00 **Lunch break**
- 14.00-15.00 Cases from the participants
All (coordination: Georgios Nikolakis, António F. Massa Jr)
- 15.00-19.00 Hands-on exercise with patients - All (coordination: António F. Massa, Georgios Nikolakis) at the Hospital de Santo António
- 19.00 **Networking Cocktail with speakers and participants**

Wednesday, 30 November 2022

- 09.00-09.30 Patients registry / Involving the patient - Thrasylvoulos Tzellos
- 09.30-10.00 Treatment algorithm - Christos C. Zouboulis
- 10.00-10.15 **Coffee break**
- 10.15-11.15 Cases from the participants
All (coordination: Georgios Nikolakis, António F. Massa)
- 11.15-12.00 What do I know now about Hidradenitis Suppurativa/ Acne Inversa?
Effect of this course (knowledge test) - Errol Prens, Jacek Szepietowski, Thrasylvoulos Tzellos, Christos C. Zouboulis
- 12.00 **End of the course and farewell - Christos C. Zouboulis**

EADV Headquarters

Via S. Balestra 22B

6900 Lugano, Switzerland

Tel. +41 91 973 45 20

education@eadv.org - www.eadv.org