

# Ethnic Skin and Hair

Resident and Specialist Course | 28-30 November 2022 | Porto, Portugal

The aim of this meeting is to teach participants about skin and hair disorders in individuals with richly pigmented skin, originating from African, Asia and The Middle East, as well as individuals of admixed populations.

## Learning Objectives:

- Understand the origins of Western Dermatology and how this has led to Eurocentrism in the practice of dermatology
- Understand the current limitations pertaining to nomenclature for describing human skin colours and for describing people of diverse ancestral backgrounds
- Be knowledgeable about how skin colour, ethnicity and/or ancestry can impact skin disease presentation, treatment and management

## Faculty:

Chairs: Ophelia Dadzie; Antoine Petit

Speakers: Mahreen Ameen; Dominic Sagoe; Andrew Alexis; Bisola Laguda; Saskia Oro; Viktoria Eleftheriadou

## Programme

### Monday 28 November 2022

- 14:00 - 14:30 Welcome & Introduction Lecture: Human Skin Classification Systems  
*Ophelia E. Dadzie*
- 14:30 - 15:00 Recognising Unconscious Bias in Medical Practice  
*Dominic Sagoe*
- 15:00 - 15:30 Semiology and Grading Scales in Dermatology  
*Antoine Petit*
- 15:30 - 15:45 **Coffee Break**
- 15:45 - 16:15 The fundamentals of Keloid disease  
*Antoine Petit*
- 16:15 - 16:45 Skin Lightening/Bleaching; Highlighting The Misuse of Skin Lightening Agents *Antoine Petit*
- 16:45 - 17:15 Interactive Case Presentation  
*Antoine Petit*

### Tuesday 29 November 2022

- 09:00 - 09:30 Facial Hyperpigmentation: Approach to Diagnosis and Management *Antoine Petit*
- 09:30 - 10:00 Skin Lightening/Bleaching; A science-based approach  
*Dominic Sagoe*
- 10:00 - 10:30 Interactive Case Presentation  
*Ophelia E. Dadzie*
- 10:30 - 11:00 **Coffee Break**
- 11:00 - 11:30 Itch and Atopic Eczema in People of Non-European Ancestry  
*Mahreen Ameen*
- 11:30 - 12:00 Psoriasis, Lichen planus and other inflammatory dermatoses in People of Non-European Ancestry  
*Antoine Petit*

- 12:00 – 13:00 Lunch Break**  
13:00 – 13:30 Interactive Case Presentation  
13:30 – 14:00 Vitiligo Update  
*Viktoria Eleftheriadou*  
14:00 – 14:30 Hypopigmentation as an important clinical clue  
*Ophelia E. Dadzie*  
14:30 – 15:00 Acne and Rosacea in People of Non-European Ancestry  
*Andrew Alexis*  
**15:00 – 15:30 Coffee Break**  
15:30 – 16:00 Paediatric Dermatoses (1)  
*Bisola Laguda*  
16:00 – 16:30 Paediatric Dermatoses (2) and Interactive Case Presentations  
*Bisola Laguda*  
16:30 – 17:00 Drug reactions and ethnicity  
*Saskia Oro*  
**19:00 Networking Cocktail**

### **Wednesday 30 November 2022**

- 09:00 – 09:30 Overview of Cosmetic Dermatology in People of Non-European Ancestry  
*Andrew Alexis*  
09:30 – 10:00 The Use of Lasers and Light-based Technologies in People of Non-European Ancestry  
*Andrew Alexis*  
10:00 – 10:30 Interactive Case Presentation  
*Ophelia E. Dadzie*  
**10:30 – 11:00 Coffee Break**  
11:00 – 11:30 Approach to The Diagnosis and Management of Hair and Scalp Disorders in People of Non-European Ancestry  
*Ophelia E. Dadzie*  
11:30 – 12:00 Interactive Case Presentation  
*Ophelia E. Dadzie*

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