

Acne and Rosacea

Residents Course | 14-16 September 2022 | Debrecen, Hungary

Description of the course

Acne and rosacea are two common skin diseases that are considered to be easy to diagnose and treat, however only until one sees a patient - real life is very much different from textbooks. Therefore, the aim of this course is to provide an overview on the challenges in the diagnosis and on the treatment options of acne and rosacea through sharing expert opinions and translating up-to-date research findings.

Learning Objectives

1. Pathogenesis of acne and rosacea
2. Complex treatment options for acne and rosacea
3. Meet the experts and new colleagues

Faculty

Chairs: Daniel Torocsik, Eva Remenyik

Speakers: Christos C. Zouboulis, Andrea Szegedi, Lajos Kemeny

Tutor: Eszter Baltas, Emese Gellen, Irina Sawhney

Programme

Wednesday, 14 September 2022

- 18:00-18:15 Introduction and test - Eva Remenyik and Daniel Torocsik
18:15-18:45 (Patho)physiology of the pilosebaceous unit - Daniel Torocsik
18:45-19:05 Acne clinical manifestations - Eva Remenyik
19:05-19:35 Acne-associated syndromes - Andrea Szegedi

Thursday, 15 September 2022

- 08:30-09:00 Cases presented by the trainees
09:00-09:30 New aspects of acne treatment at the molecular level - Christos C. Zouboulis
09:30-10:00 How I treat acne: Interactive case discussion - Eva Remenyik, Daniel Torocsik, Lajos Kemeny, Christos Zouboulis, Andrea Szegedi, Eszter Baltas
10:00-10:15 Break and refreshments
10:15-10:45 Hidradenitis suppurativa/acne inversa: A common orphan disease reestablished in dermatology - Christos C. Zouboulis
10:45-11:15 Pathogenesis of rosacea - Andrea Szegedi
11:15-12:15 Rosacea cases presented by trainees
12:15-12:45 Differential diagnosis of acne and rosacea (interactive) - Eva Remenyik
12:45-13:30 Lunch break

- 13:30-14:00 Rosacea: Clinical forms, classification - Eszter Baltas
- 14:00-14:30 Tips for treating rosacea in practice with systemic and topical medications - Eszter Baltas
- 14:30-15:00 Nutritive factors in the pathogenesis of acne and rosacea - Daniel Torocsik
- 15:00-15:30 Acne and rosacea guidelines – Lajos Kemeny
- 15:30-16:00 Isotretinoin in acne and rosacea treatment - Daniel Torocsik
- 16:00-16:30 Opposing role of the light in acne and rosacea (treatment possibility or risk factors) - Lajos Kemeny

19:00-21:00 Networking Dinner with speakers and participants

Friday, 16 September 2022

- 08:30-09:00 How I treat rosacea: Interactive case discussion - Eva Remenyik, Daniel Torocsik, Lajos Kemeny, Christos Zouboulis, Eszter Baltas, Emese Gellen, Irina Sawhney
- 09:00-09:45 Cases presented by the trainees
- 09:45-10:00 Break and refreshments**
- 10:00-11:30
- Laser and IPL in the treatment of acne and rosacea - Eva Remenyik, Emese Gellen
 - PDT and cryotherapy - Daniel Torocsik, Irina Sawhney
 - Visit the moulage collection of the Department - Daniel Torocsik (3 groups each 30 minutes)
- 11:30-12:00 Closing remarks and test - Eva Remenyik and Daniel Torocsik
- 12:00 End of the course**

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