



# Peelings from A to Z

Specialists Course | 4-6 March 2022 | Athens, Greece

## Course Description

A broad spectrum of theoretic and practical management of superficial, medium and deep peels will be covered. There will be a long practical part with intense hands-on practice for all the participants and live interaction with all the instructors.

## Learning Objectives

- 1) To become familiar with the basic chemical peeling procedures
- 2) To offer close up and hands-on experience of the most popular chemical peeling methods
- 3) To interact with EADV members and colleagues and exchange experience and knowledge to become better and safer practitioners for the patients

## Faculty

Speakers: Georgios Kontochristopoulos, Fotini Bageorgou, Eftychia Platsidaki, Marina Landau, Myrto-Georgia Trakatelli

Tutors: Eirini Potouridou, Theodora Kani, Lagiokapa Polixeni, Fotini Liordou

## Programme

### Friday, 4 March 2022

12:00 -12:30 Welcome, introduction, peeling department presentation & course structure - Georgios Kontochristopoulos

12:30-13:00 Welcome and hospital history - Alexandros Stratigos

13:00-13:30 Chemical peeling through the years - Dimitrios Rigopoulos

13:30-14:00 The fundamentals of chemical peeling - Platsidaki Eftychia

### 14:30-15:00 Break and refreshments

15:30-16:00 Superficial peels - Georgios Kontochristopoulos

16:00-16:30 Medium depth and deep peels - Marina Landau

16:30-17:00 Peeling complications and how to manage - Georgios Kontochristopoulos

17:00-17:30 Peeling candidates, indications of chemical peeling - Fotini Bageorgou

17:30-18:00 Peeling pre/post treatment/ precautions - Fotini Bageorgou

### 20:00-22:00 Networking Dinner with faculty and participants

### Saturday, 5 March 2022

#### WHICH PEEL FOR WHICH PATIENT (THEORETICAL APPROACH)

09:00-09:30 Melasma - Georgios Kontochristopoulos

09:30-10:00 Are you sure you are treating melasma - Fotini Bageorgou

10:00-10:30 Active Acne/Rosacea - Eftychia Platsidaki

10:30-11:00 Photoaging - Myrto Trakatelli

11:00-11:30 Peeling at the periorbital area (Dark circles- Rejuvenation) - Marina Landau

11:30-12:00 Break and refreshments

#### **PRACTICAL WORKSHOP**

(M. Landau, G. Kontochristopoulos, I. Potouridou, F. Bageorgou, E. Platsidaki, T. Kani)

12:00-12:30 Active acne (Salicylic acid, glycolic acid, Jessner solution and other agents)

12:30-13:00 Acne scars-cross method (TCA, Jessner solution and other agents)

13:00-14:00 Photoaging /phenol peel - Marina Landau

14:00-14:30 Lunch

#### **PRACTICAL WORKSHOP**

(M. Landau, G. Kontochristopoulos, I. Potouridou, T. Kani, F. Bageorgou, E. Platsidaki)

14:30-15:00 Rosacea (mandelic acid/microneedling + transamin)

15:00-15:30 Periorbital area peels (dark circle therapy, microneedling + TCA 10%/xanthelasma TCA 50-70% /phenol and other agents)

15:30-16:00 Solar lentiginos (TCA 35%, Monheit's peel modified phenol and other agents)

16:00-16:30 Break and refreshments

#### **PRACTICAL WORKSHOP**

(M. Landau, G. Kontochristopoulos, T. Kani, I. Potouridou, F. Bageorgou, E. Platsidaki)

16:30-17:00 Melasma (Dark and light phototypes)

17:00-18:00 Photoaging (AHAs, pyruvic acid, modified phenol, other agents)

18:00-18:30 Patient evaluation during post peel period

18:30-19:00 Discussion, Q&As

#### **Sunday, 6 March 2022**

09:30-10:00 Chemical peeling for precancerous lesions - Myrto Trakatelli

10:00-10:30 Chemical peelings & combination with other procedures - Fotini Bageorgou

10:30-11:00 Chemical peeling in men - George Kontochristopoulos

11:00-11:30 Chemical peeling and oral isotretinoin therapy - Eftychia Platsidaki

11.30-12:00 Conclusion and evaluation

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