Peelings from A to Z

Specialists Course | 4-6 March 2022 | Athens, Greece

Course Description
A broad spectrum of theoretic and practical management of superficial, medium and deep peels will be covered. There will be a long practical part with intense hands-on practice for all the participants and live interaction with all the instructors.

Learning Objectives
1) To become familiar with the basic chemical peeling procedures
2) To offer close up and hands-on experience of the most popular chemical peeling methods
3) To interact with EADV members and colleagues and exchange experience and knowledge to become better and safer practitioners for the patients

Faculty
Speakers: Georgios Kontochristopoulos, Fotini Bageorgou, Eftychia Platsidaki, Marina Landau, Myrto-Georgia Trakatelli
Tutors: Eirini Potouridou, Theodora Kani, Lagiokapa Polixeni, Fotini Liordou

Programme
Friday, 4 March 2022
12:00 -12:30 Welcome, introduction, peeling department presentation & course structure - Georgios Kontochristopoulos
12:30-13:00 Welcome and hospital history - Alexandros Stratigos
13:00-13:30 Chemical peeling through the years - Dimitrios Rigopoulos
13:30-14:00 The fundamentals of chemical peeling - Platsidaki Eftychia

14:30-15:00 Break and refreshments
15:30-16:00 Superficial peels - Georgios Kontochristopoulos
16:00-16:30 Medium depth and deep peels - Marina Landau
16:30-17:00 Peeling complications and how to manage - Georgios Kontochristopoulos
17:00-17:30 Peeling candidates, indications of chemical peeling - Fotini Bageorgou
17:30-18:00 Peeling pre/post treatment/ precautions - Fotini Bageorgou

20:00-22.00 Networking Dinner with faculty and participants

Saturday, 5 March 2022
WHICH PEEL FOR WHICH PATIENT (THEORETICAL APPROACH)
09:00-09:30 Melasma - Georgios Kontochristopoulos
09:30-10:00 Are you sure you are treating melasma - Fotini Bageorgou
10:00-10:30 Active Acne/Rosacea - Eftychia Platsidaki
10:30-11:00 Photoaging - Myrto Trakatelli
11:00-11:30 Peeling at the periorbital area (Dark circles - Rejuvenation) - Marina Landau

11:30-12:00 Break and refreshments

**PRACTICAL WORKSHOP**
(M. Landau, G. Kontochristopoulos, I. Potouridou, F. Bageorgou, E. Platsidaki, T. Kani)

12:00-12:30 Active acne (Salicylic acid, glycolic acid, Jessner solution and other agents)

12:30-13:00 Acne scars-cross method (TCA, Jessner solution and other agents)

13:00-14:00 Photoaging/phenol peel - Marina Landau

**14:00-14:30 Lunch**

**PRACTICAL WORKSHOP**
(M. Landau, G. Kontochristopoulos, I. Potouridou, T. Kani, F. Bageorgou, E. Platsidaki)

14:30-15:00 Rosacea (mandelic acid/microneedling + transamin)

15:00-15:30 Periorbital area peels (dark circle therapy, microneedling + TCA 10%/xanthelasmas TCA 50-70% /phenol and other agents)

15:30-16:00 Solar lendigines (TCA 35%, Monheit’s peel modified phenol and other agents)

**16:00-16:30 Break and refreshments**

**PRACTICAL WORKSHOP**
(M. Landau, G. Kontochristopoulos, T. Kani, I. Potouridou, F. Bageorgou, E. Platsidaki)

16:30-17:00 Melasma (Dark and light phototypes)

17:00-18:00 Photoaging (AHAs, pyruvic acid, modified phenol, other agents)

18:00-18:30 Patient evaluation during post peel period

18:30-19:00 Discussion, Q&As

**Sunday, 6 March 2022**

09:30-10:00 Chemical peeling for precancerous lesions - Myrto Trakatelli

10:00-10:30 Chemical peelings &combination with other procedures - Fotini Bageorgou

10:30-11:00 Chemical peeling in men - George Kontochristopoulos

11:00-11:30 Chemical peeling and oral isotretinoin therapy - Eftychia Platsidaki

11.30-12:00 Conclusion and evaluation

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